



Hospital Bag Essentials

- Loose Comfy Pj's
- Oversized Underwear
- Nursing bra/tank top
- Phone charger/Extension cord
- Pillow/Blanket
- DVD's
- Toothbrush/Toothpaste
- Hair ties
- Bedroom shoes
- Yeti Cup
- Robe
- Snacks
- Headphones



Hospital Bag Essentials

- Loose comfy outfit
- Stool Softener
- Chapstick
- Warm socks
- Body wash
- Shampoo/Conditioner (Dry
- Shampoo