

monday, july 10, 2017



# Daily Affirmation List



---

## The Smart Lioness

- I AM A GOOD PERSON AND I AM LOVABLE
- TODAY I CHOOSE TO BE HAPPY
- I AM RESPONSIBLE FOR MY OWN FEELINGS
- I GRACIOUSLY ACCEPT A COMPLIMENT
- I EASILY FIND GOOD IN MYSELF & OTHERS
- I AM PROUD TO BE ME
- I BELIEVE IN MYSELF & MY POTENTIAL
- I PROFOUNDLY & DEEPLY ACCEPT MYSELF
- I OWE MYSELF THE LOVE THAT I SO FREELY GIVE TO OTHER PEOPLE.
- I HAVE REALISTIC EXPECTATIONS OF MYSELF
- I ASK FOR HELP BECAUSE I AM WORTH SOMEONE'S TIME
- I ACKNOWLEDGE MY GOOD QUALITIES, NOT TO DO SO WOULD BE TO CHEAT MYSELF
- MY LIFE HAS CHALLENGES THAT ALLOW ME TO GROW, NOT OBSTACLES I CAN'T OVERCOME
- I AM ACCOMMODATING & STILL RETAIN MY SELF RESPECT
- I AM WHERE I NEED TO BE FOR RIGHT NOW. I AM ENOUGH FOR TODAY.
- I KNOW THAT MY HIGHER POWER ACCEPTS ME JUST AS I AM TODAY
- "THE SUREST WAY TO LOSE YOUR SELF WORTH IS BY TRYING TO FIND IT IN THE EYES OF OTHERS." -BECCA LEE
- I AM CAPABLE OF DEFINING MY OWN LIMITS & SETTING MY OWN PRIORITIES
- I HAVE THE RIGHT TO ASK FOR WHAT I NEED/WANT
- I WILL REBUILD MY LIFE ON THE FOUNDATION OF MY POSITIVE TRAITS



*monday, july 10, 2017*

- I TRUST MY DECISIONS